

## Abstract

The present study aimed at investigating the impacts of job characteristics on mental health of single working women. Three job factors: job control, demand and security were examined and their interactive effects on job satisfaction and mental health were measured. Job satisfaction was hypothesized to act as a mediator of the three job factors on psychological well-being of single working women. One hundred and ninety-three single working women participated in the study. Results showed that there was no significant interactive effect among three job factors. Job satisfaction was found to be a mediator of job control and security in predicting mental health of workers. Job demand however was also found to be a significant predictor of worker's well-being. Understanding the effects of job experience would help to improve female workers' productivity as well as work environment. Future study could investigate whether there is difference between male and female workers' well-being as a result of working experience of similar job nature.